If you are taking an over-the-counter medication not listed here and you are unsure of its actions, please consult your pharmacist or physician, or call Laser Spine Institute at 1-866-362-7574, Monday – Friday, 8 a.m. – 7 p.m. Eastern Standard Time.

The following medications **MUST BE STOPPED 5 DAYS** prior to your surgery.

- Advil
- Aggrenox
- Aleve
- Alka-Seltzer
- Amigesic
- Anacin products
- Anaflex
- Anaprox
- Ansaid
- Apo-ASEN
- Arco Pain Tablet
- Argeric
- Arthropan
- Arthrotec
- Ascriptin
- Aspergum
- Aspirin (all products containing aspirin)
- Aspir Low
- Aspirtab
- Bayer
- Bayer time release
- Bufferin
- Bufferin Arthritis
- Buffinol
- Butalbital Compound
- Butazolidin
- Cama Arthritis
- Carisoprodol
- Compound
- Cataflam
- Clinoril
- Combunox
- Cope
- Daypro
- Diclofenac
- Diflunisal
- Disalcid
- Doan’s
- Dolobid
- Easprin
- Ecotrin 81
- Empirin
- Endodan
- Entrophen
- Equagesic
- Es Anacin
- Etodolac
- Excedrin Migraine
- Feldene
- Fenoprofen
- Fiorinal
- Flector Patch
- Floctafenine
- Flurbiprofen
- Glucosamine
- Goody’s
- Halfprin
- Helidac
- Ibuprofen
- Indocin
- Indomethacin
- Instantine
- Kapectate
- Kava
- Ketoprofen
- Ketorolac
- Lodine
- Lovaza
- Magan
- Magnaprin
- Marhritic
- Mefenamic acid
- Midol
- Mobic
- Mobiflex
- Momentum
- Mono-Gesic
- Motrin
- Nabumetone
- Nalfon
- Naprelan
- Naprosyn
- Naproxen
- Norgesic Forte
- Nuprin
- Ocuvite
- Oruvail
- Orudis
- Oxaprozin
- Pamperin-IB
- Pepto-Bismol
- Percodan
- Phenybutazone
- Piroxicam
- Piroxicam
- PMS-ASA
- Ponstel
- Prevacid NapraPAC
- Relafen
- Robaxidal
- Roxicam
- Salflex
- Salsalate
- Sine-Aid IB
- Sodium Salicylate
- Soma Compound
- St. Joseph Aspirin
- Sulindac
- Suprofen
- Suproli
- Surgam
- Synalgos-DC
- Tandearil
- Talwin Compound
- Tenoxicam
- Tiaprofenic acid
- Tolectin
- Tolmetin
- Toradol
- Tricosal
- Trilisate
- Vanquish
- Vicoprofen
- Voltarlen
- Zorprin

We recommend you stop taking the following supplements at least five days prior to your scheduled surgery: Saint John’s wort, garlic, ginger, ginkgo biloba, ephedra (ma huang) and vitamin E.
Continue these prescribed blood-thinning medications unless Laser Spine Institute has been provided with written approval/permission from your doctor that you can stop the medication. If you are on any of these prescribed medications and have not spoken with your Care Team, please contact your Spine Care Consultant.

**WARNING:**

THESE MEDICATIONS CAN ONLY BE STOPPED WITH APPROVAL OF YOUR PRESCRIBING PHYSICIAN.

- Aggrenox (aspirin/dipyridamole)
- Arixtra (fondaparinux)
- Aspirin (when prescribed by your physician)
- Brilianta (ticagrelor)
- Coumadin (warfarin)
- Eliquis (apixaban)
- Fragmin (dalteparin)
- Innohep (tinzaparin)
- Lovenox (enoxaparin)
- Plavix (clopidogrel)
- Pletal (cilostazol)
- Pradaxa (dabigatran etexilate)
- Xarelto (rivaroxaban)

If you are diabetic: Consult with the doctor who treats your diabetes about your insulin dosage or other diabetic medication. You may experience an elevation in your blood sugar before, during and/or after surgery due to the stress of surgery and steroid medications used during the surgery. Please have a plan to address this with your local doctor who treats your diabetes so you are ready to handle elevations in your blood sugar while you are at Laser Spine Institute. This could include additional checking of your blood sugar and additional insulin as needed. Our providers will check and treat your blood sugar before, during and after surgery. For your safety, we ask that you follow your regular doctor’s instructions after you are released from Laser Spine Institute. Please closely monitor your dietary intake to prevent blood sugar fluctuations.

Laser Spine Institute will inform you of the exact date of your surgery. Medication instructions will be given after we are able to obtain written permission from your prescribing physician.