Guidebook

Discover lasting relief with Laser Spine Institute’s minimally invasive spine procedures.

Jerry J.
Actual Patient

Call your dedicated Patient Empowerment Consultant at 1-866-618-3253 or visit LaserSpineInstitute.com to request your free MRI review* today.
Whether it’s mild or miserable, the pain you feel can dramatically diminish your quality of life. How does your pain measure up? Use this chart and find out.

Are you experiencing this pain DAILY?

0 1 2 3 4 5 6 7 8 9 10

- No pain
- Mild pain: Pain is present but does not limit activity
- Nagging pain: Can do most activities with rest periods
- Miserable pain: Unable to do some activities because of pain
- Intense pain: Unable to do most activities because of pain
- Worst pain: Unable to do any activities because of pain

Select a 4 or higher? It may be time to take the next step.
Minimally invasive.
Maximum relief.

When you’ve been told you need traditional neck or back surgery to relieve your chronic neck and back pain, it’s time for an effective alternative. Our minimally invasive spine procedures are ideal for patients seeking minimal downtime, a less than 1-inch incision, an outpatient setting and — most of all — maximum results.

Advantages of Laser Spine Institute’s minimally invasive spine surgery:

- No lengthy recovery
- 98 percent patient satisfaction
- Return to work up to three times faster
- Outpatient procedure
- Board-certified surgeons
- Less than 1-inch incision

<table>
<thead>
<tr>
<th></th>
<th>Our minimally invasive procedures</th>
<th>Other spine surgery providers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hospital stay</td>
<td>Outpatient</td>
<td>2 – 5 days</td>
</tr>
<tr>
<td>Infection rate</td>
<td>0.41%</td>
<td>Up to 16%</td>
</tr>
<tr>
<td>Complication rate</td>
<td>2.08%</td>
<td>16.4%</td>
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</tbody>
</table>

For more information, visit LaserSpineInstitute.com/results.

Get relief from

If you’re suffering from any of these conditions, call **1-866-618-3253** now for your free MRI review.

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*Each patient is different. Results may vary. *For more information, visit LaserSpineInstitute.com/results.
+For more information about our surgeons, visit LaserSpineInstitute.com/surgeons.
^Not a diagnosis. See LaserSpineInstitute.com/MRIreview for more details.
Since 2005, more than 75,000 patients have experienced the Laser Spine Institute difference. They have come from all corners of the country to change their lives and, in the process, discovered a new kind of care that goes far beyond our highly skilled surgeons and advanced procedures.

At every step of your journey, you’ll be working with caring professionals who are committed to making your experience here as stress-free and comfortable as possible. Each of our facilities has been thoughtfully designed with the needs of you and your loved ones in mind.

Our goal is to provide exceptional care, in a warm and inviting space, to the people who inspire us most — our patients.

Facility amenities:

- Complimentary Wi-Fi
- Cozy, inviting lounges to refresh, refuel or relax
- Board games, books, magazines and puzzles

Accredited by the

ACCREDITATION ASSOCIATION for AMBULATORY HEALTH CARE, INC.
I am exceedingly grateful that Laser Spine Institute stepped in and actually fixed me.

— Dwylett M., Actual Patient

Less than 1-inch incision.

NO LENGTHY RECOVERY

1Each patient is different. Results may vary.
Your personalized path to relief

At Laser Spine Institute, you’re never alone on your journey to relief. Here’s how our dedicated team of professionals will help you take back your life from chronic neck or back pain.

**Speaking with your Patient Empowerment Consultant**

Your consultant will help you understand your care pathway, overcome any concerns you may have, review insurance and financial options and be your dedicated point of contact leading up to surgery.

**Meet with your surgeon**

You’ll undergo a full medical evaluation in our state-of-the-art facility to ensure it’s safe for you to have surgery in our outpatient setting. Once cleared, you’ll meet with a dedicated, board-certified+ surgeon who is trained in our minimally invasive spine procedures to address your specific spine condition and customize your anesthesia and surgical plan. Our goal is simple — to give you lasting relief from your painful condition.

**Discussion with your dedicated Care Team**

This team will conduct your medical assessment before you arrive, make recommendations regarding which tests may be necessary, collect your medical records, provide details on travel and schedule your surgical procedure.

**Staying in touch**

To ensure you are healing as planned, your Care Team will check in with you throughout your recovery to monitor your path to lasting relief.

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The duration of the experience will vary for each patient. Patients may be required to rest 48 hours post-surgery. Should the patient be given a surgical order for a stabilization, additional time might be needed prior to the procedure for insurance authorization purposes.

Some patients’ individual medical conditions may require additional testing that Laser Spine Institute will facilitate through a third-party service provider.

*For more information, visit LaserSpineInstitute.com/surgeons.
I trusted Laser Spine Institute because they were immediately professional, and they gave me hope.

— Curtis H., Actual Patient

Each patient is different. Results may vary.
After the surgery, there wasn’t that sharp pain running down the back of my neck and shoulder. It was already gone.

— Jennifer C., Actual Patient
Meet our surgeons

Experience — there’s no substitute for it. It’s why our anesthesiologists, physicians and board-certified surgeons combine their talents to develop a plan of care that puts you on the path to relief. We focus on treating the spine and only the spine, performing thousands of minimally invasive procedures each year.

Michael C. Weiss, D.O., FAOAO
Chairman, Department of Surgery

Reginald J. Davis, M.D., FACS
Director of Clinical Research, Neurosurgeon

Stefan Prada, M.D.
Orthopedic Spine Surgeon

Timothy Luke, M.D.
Orthopedic Spine Surgeon

Keith Girton, M.D.
Orthopedic Spine Surgeon

Brad M. Picha, M.D.
Orthopedic Spine Surgeon

Chris Reeves, D.O.
Orthopedic Spine Surgeon

Raj Kakarlapudi, M.D.
Orthopedic Spine Surgeon

Robert Blok Jr., D.O.
Orthopedic Spine Surgeon

Brett G. Menmuir, M.D., FAAOS
Orthopedic Spine Surgeon

Drew Brown IV, M.D.
Orthopedic Spine Surgeon

*For more information, visit LaserSpineInstitute.com/surgeons.
Our patients would agree:
Putting relief first was the best decision they’ve ever made.

98 percent patient satisfaction
See for yourself how our minimally invasive spine procedures can give you your life back.

^For more information, visit LaserSpineInstitute.com/results.
Because you can Stand Tall® again.

Watch actual patient testimonials now by visiting LaserSpineInstitute.com/testimonials.

Watch them. Be inspired. And believe.
Laser Spine Institute specializes in minimally invasive procedures.

Your search for a safer and effective alternative to traditional open neck or back surgery^ is officially over. That’s because Laser Spine Institute has a track record of successfully performed minimally invasive spine surgeries.

Minimally invasive decompression procedures

- **Foraminotomy**
  Relieves pressure on the nerve root as it exits the spinal cord.

- **Laminotomy**
  Relieves pressure on the spinal cord compressed by spinal stenosis.

- **Discectomy**
  Removes the portion of a herniated or bulging disc that’s pressing on a nerve root or the spinal cord.

- **Facet thermal ablation**
  The primary procedure to treat arthritis, and most often performed in conjunction with a decompression, it relieves painful nerves in the facet joint using a laser.

Disc treatment

- **RegenaDISC®**
  This innovative procedure regenerates the spinal disc and promotes long-term spine health by using the patient’s own cells.

^For more information, visit LaserSpineInstitute.com/results.
Minimally invasive stabilization procedures

In some instances, our patients can greatly benefit from a minimally invasive approach to spine fusion called minimally invasive stabilization (MIS) surgery. Laser Spine Institute currently specializes in the following MIS procedures, all performed in our state-of-the-art outpatient setting:

**Decompression with Interlaminar Stabilization® device**
Helps relieve pain associated with spinal stenosis by decompressing both sides of the spine for immediate stabilization while allowing the spine to maintain its mobility.

**Anterior cervical discectomy and fusion (ACDF)**
Relieves neck pain, weakness and tingling associated with herniated disc or degenerative disc disease.

**Cervical disc replacement**
A minimally invasive procedure that substitutes an unhealthy vertebral disc with a new, artificial disc.

**Posterior cervical fusion**
Performed through the back of the neck, this minimally invasive procedure fuses two or more vertebrae together to help relieve symptoms associated with compressed nerves, severely herniated discs, spinal instability and deformity.

**Transforaminal lumbar interbody fusion (TLIF)**
Relieves back pain caused by spondylolisthesis, degenerative disc disease or a herniated disc.

**Lateral lumbar interbody fusion**
Treats a variety of conditions including nerve impingement, herniations, instability and pain resulting from disc degeneration.

**SI joint fusion**
A minimally invasive procedure where the sacrum and pelvis are joined. Because there is typically limited mobility in the SI joint without this procedure, most patients will not lose any range of motion.
This form, patient authorization to obtain medical information, allows Laser Spine Institute to obtain records on your behalf.

Patient name: _______________________________________________________________________________
Date of birth: _____________________________ Last four digits of SSN: ______________________________
Address: ___________________________________________________________________________________
City: ____________________________________ State: ___________ ZIP code: ________________________
Phone #: ___________________________________________________________________________________

I hereby authorize that my protected health information as listed below be released to Laser Spine Institute, LLC, its affiliates, medical staff, employees and their representatives (“LSI”) from the following:

Name of hospital/imaging center: _______________________________________________________________
Address: ___________________________________________________________________________________
City: ____________________________________ State: ___________ ZIP code: ________________________
Phone #: ________________________________ Email:  ____________________________________________

Please fax MRI/CT reports/discussion to MRI Administration Specialists.

☐ Cervical  ☐ Lumbar  ☐ Thoracic

The information above may be used or disclosed at my request.

This authorization is effective one (1) year from the date signed below, except when revocation or modification is requested in writing by the patient, legal guardian, power of attorney or health care surrogate, accompanied by the applicable documentation. I understand that I have the right to revoke or modify this authorization at any time. I understand that if I revoke or modify this authorization, I must do so in writing and present my written request to the Medical Records Team. Additionally, I acknowledge my responsibility to confirm receipt by LSI of such revocation or modification; such confirmation is required via certified mail. I understand that the revocation or modification will not apply to information that has already been released in response to this authorization. I understand that once the information is disclosed, it may be re-disclosed by the recipient and the information may not be protected under federal privacy laws or regulations.

I understand LSI will not condition treatment or payment based on this authorization or revocation of authorization unless otherwise allowed by law. A copy of this authorization may be utilized with the same effectiveness as an original. I am entitled to receive a copy of this authorization.

Signature needed

Signature of patient/guardian/power of attorney/health care surrogate

Date

Printed name: _______________________________________________________________________________

Relationship to patient if applicable:

*Not a diagnosis. See LaserSpineInstitute.com/MRIreview for more details.
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Get lasting relief from your chronic neck and back pain.§ Taking the next step is easy. Here’s what you need to do to get your free MRI review:* 

- Complete the release form in this brochure (page 14) so we can obtain your MRI report. Tear it out and send it one of three ways: email, fax or mail to your dedicated Patient Empowerment Consultant.

- We will notify you when we’ve received your MRI report.

- After we review your MRI report, we’ll call to discuss your potential candidacy for our procedures.

Questions?
Call your dedicated Patient Empowerment Consultant at 1-866-618-3253.

- Learn about the procedures we perform.
- Discover our streamlined patient journey.
- Find out about spine care costs and how we work with your insurance.
- Connect with past patients and get inspired by their results.

*Not a diagnosis. See LaserSpineInstitute.com/MRIreview for more details.
§Each patient is different. Results may vary.
Call your dedicated Patient Empowerment Consultant at 1-866-618-3253
or visit LaserSpineInstitute.com to request your free MRI review* today.

Join our community.
Connect with actual patients and more.

*Not a diagnosis. See LaserSpineInstitute.com/MRIreview for more details.
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