Guidebook

Discover lasting relief with Laser Spine Institute's minimally invasive spine procedures.

Jerry J.
Actual Patient

Less than 1-inch incision.
Identify your pain level

Whether it’s mild or miserable, the pain you feel can dramatically diminish your quality of life. How does your pain measure up? Use this chart and find out.

<table>
<thead>
<tr>
<th>Pain Level</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>No pain</td>
<td>Pain is present but does not limit activity</td>
</tr>
<tr>
<td>Mild pain</td>
<td>Can do most activities with rest periods</td>
</tr>
<tr>
<td>Nagging pain</td>
<td>Unable to do some activities because of pain</td>
</tr>
<tr>
<td>Miserable pain</td>
<td>Unable to do most activities because of pain</td>
</tr>
<tr>
<td>Intense pain</td>
<td>Unable to do any activities because of pain</td>
</tr>
<tr>
<td>Worst pain</td>
<td>Unable to do any activities because of pain</td>
</tr>
</tbody>
</table>

Select a 4 or higher? It may be time to take the next step.

Are you experiencing this pain DAILY?

0 1 2 3 4 5 6 7 8 9 10

Hospital stay

Other spine surgery providers

<table>
<thead>
<tr>
<th>Hospital stay</th>
<th>Outpatient</th>
<th>2 – 5 days</th>
</tr>
</thead>
<tbody>
<tr>
<td>Infection rate</td>
<td>0.29%</td>
<td>Up to 19%</td>
</tr>
<tr>
<td>Complication rate</td>
<td>2.11%</td>
<td>16.4%</td>
</tr>
</tbody>
</table>

For more information, visit LaserSpineInstitute.com/results.

Minimally invasive. Maximum relief.

When you’ve been told you need traditional neck or back surgery to relieve your chronic neck and back pain, it’s time for an effective alternative. Our minimally invasive spine procedures are ideal for patients seeking minimal downtime, a less than 1-inch incision, an outpatient setting and — most of all — maximum results.

Advantages of Laser Spine Institute’s minimally invasive spine surgery:

- No lengthy recovery
- 98 percent patient satisfaction
- Return to work up to three times faster
- Outpatient procedure
- Board-certified surgeons
- Less than 1-inch incision

Get relief from

If you’re suffering from any of these conditions, call 1-866-618-3253 now for your free MRI review.

- Pinched nerve
- Bulging/herniated disc
- Spinal stenosis
- Arthritis of the spine
- Sciatica
- Other chronic conditions

*Each patient is different. Results may vary. *For more information about our surgeons, visit LaserSpineInstitute.com/surgeons.

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*Not a diagnosis. See LaserSpineInstitute.com/MRIreview for more details.
Experience a new kind of care

Since 2005, thousands of patients have experienced the Laser Spine Institute difference. They have come from all corners of the country to change their lives and, in the process, discovered a new kind of care that goes far beyond our highly skilled surgeons and advanced procedures.

At every step of your journey, you’ll be working with caring professionals who are committed to making your experience here as stress-free and comfortable as possible. Each of our facilities has been thoughtfully designed with the needs of you and your loved ones in mind.

Our goal is to provide exceptional care, in a warm and inviting space, to the people who inspire us most — our patients.

Facility amenities:
- Complimentary Wi-Fi access
- Cozy, inviting lounges to refresh, refuel or relax
- Board games, books, magazines and puzzles

Accredited by the Accreditation Association for Ambulatory Health Care, Inc.

Scottsdale
Oklahoma City
St. Louis
Tampa
Cincinnati
Philadelphia
Cleveland

Less than 1-inch incision.

I am exceedingly grateful that Laser Spine Institute stepped in and actually fixed me.

— Dwylett M., Actual Patient

Each patient is different. Results may vary.
At Laser Spine Institute, you’re never alone on your journey to relief. Here’s how our dedicated team of professionals will help you take back your life from chronic neck or back pain.

**Speaking with your Patient Empowerment Consultant**

Our caring team of consultants will help you understand the treatment options available to you so you find the lasting relief you deserve.

**Meeting your highly skilled physicians and surgeons**

You’ll undergo a full medical evaluation in our state-of-the-art facility to ensure it’s safe for you to have surgery in our outpatient setting. Once cleared, you’ll meet with a dedicated, board-certified surgeon who is trained in our minimally invasive spine procedures to address your specific spine condition and customize your anesthesia and surgical plan. Our goal is simple — to give you lasting relief from your painful condition.

**Discussion with your dedicated Care Team**

This team will conduct your medical assessment before you arrive, make recommendations regarding which tests may be necessary, collect your medical records, provide details on travel and schedule your surgical procedure.

**Staying in touch**

To ensure you are healing as planned, your Care Team will check in with you throughout your recovery to monitor your path to lasting relief.

The duration of the experience will vary for each patient. Patients may be required to rest 48 hours post-surgery. Should the patient be given a surgical order for a stabilization, additional time might be needed prior to the procedure for insurance authorization purposes.

Some patients’ individual medical conditions may require additional testing that Laser Spine Institute will facilitate through a third-party service provider.

*For more information, visit LaserSpineInstitute.com/surgeons.*

"I trusted Laser Spine Institute because they were immediately professional, and they gave me hope."

— Curtis H., Actual Patient
After the surgery, there wasn’t that sharp pain running down the back of my neck and shoulder. It was already gone. 

— Jennifer C., Actual Patient

Meet our surgeons

Experience — there’s no substitute for it. It’s why our anesthesiologists, physicians and board-certified surgeons combine their talents to develop a plan of care that puts you on the path to relief. We focus on treating the spine and only the spine, performing thousands of minimally invasive procedures each year.

Michael C. Weiss, D.O., FAOAO
Chairman, Department of Surgery

Reginald J. Davis, M.D., FACS
Director of Clinical Research, Neurosurgeon

Stefan Prada, M.D.
Orthopedic Spine Surgeon

Timothy Luke, M.D.
Orthopedic Spine Surgeon

Keith Girton, M.D.
Orthopedic Spine Surgeon

Brad M. Picha, M.D.
Orthopedic Spine Surgeon

Jeffrey P. Nees, M.D.
Neurosurgeon

Chris Reeves, D.O.
Orthopedic Spine Surgeon

Raj Kakarlapudi, M.D.
Orthopedic Spine Surgeon

Robert Blok Jr., D.O.
Orthopedic Spine Surgeon

Brett G. Menmuir, M.D., FAAOS
Orthopedic Spine Surgeon

Drew Brown IV, M.D.
Orthopedic Spine Surgeon

Less than 1-inch incision.

*Each patient is different. Results may vary.

*For more information, visit LaserSpineInstitute.com/surgeons.
Our patients would agree:
Putting relief first was the best decision they’ve ever made.

98 percent patient satisfaction^ See for yourself how our minimally invasive spine procedures can give you your life back.

^For more information, visit LaserSpineInstitute.com/results.
Laser Spine Institute specializes in minimally invasive procedures.

Your search for a safer and effective alternative to traditional open neck or back surgery is officially over. That's because Laser Spine Institute has a track record of successfully performed minimally invasive spine surgeries.

**Minimally invasive decompression procedures**

- **Foraminotomy**
  Relieves pressure on the nerve root as it exits the spinal cord.

- **Laminotomy**
  Relieves pressure on the spinal cord compressed by spinal stenosis.

- **Discectomy**
  Removes the portion of a herniated or bulging disc that's pressing on a nerve root or the spinal cord.

- **Facet thermal ablation**
  The primary procedure to treat arthritis, and most often performed in conjunction with a decompression, it relieves painful nerves in the facet joint using a laser.

**Disc treatment**

- **RegenaDISC®**
  This innovative procedure regenerates the spinal disc and promotes long-term spine health by using the patient's own cells.

**Minimally invasive stabilization procedures**

In some instances, our patients can greatly benefit from a minimally invasive approach to spine fusion called minimally invasive stabilization (MIS) surgery. Laser Spine Institute currently specializes in the following MIS procedures, all performed in our state-of-the-art outpatient setting:

- **Decompression with Interlaminar Stabilization® device**
  Helps relieve pain associated with spinal stenosis by decompressing both sides of the spine for immediate stabilization while allowing the spine to maintain its mobility.

- **Anterior cervical discectomy and fusion (ACDF)**
  Relieves neck pain, weakness and tingling associated with herniated disc or degenerative disc disease.

- **Cervical disc replacement**
  A minimally invasive procedure that substitutes an unhealthy vertebral disc with a new, artificial disc.

- **Posterior cervical fusion**
  Performed through the back of the neck, this minimally invasive procedure fuses two or more vertebrae together to help relieve symptoms associated with compressed nerves, severely herniated discs, spinal instability and deformity.

- **Transforaminal lumbar interbody fusion (TLIF)**
  Relieves back pain caused by spondylolisthesis, degenerative disc disease or a herniated disc.

- **Lateral lumbar interbody fusion**
  Treats a variety of conditions including nerve impingement, herniations and instability and pain resulting from disc degeneration.

- **SI joint fusion**
  A minimally invasive procedure where the sacrum and pelvis are joined. Because there is typically limited mobility in the SI joint without this procedure, most patients will not lose any range of motion.

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*For more information, visit LaserSpineInstitute.com/results.*
This form, patient authorization to obtain medical information, allows LSI, LLC to obtain records on your behalf.

Patient name: ______________________________________________________________________________
Date of birth: ______________________
Last four digits of SSN: ______________________
Address: ___________________________________________________________________________________
City: __________________________________ State: __________ ZIP code: ______________________
Phone #: ___________________________________________________________________________________

I hereby authorize that my protected health information as listed below be released to Laser Spine Institute, LLC, its affiliates, medical staff, employees and their representatives from the following:

Name of hospital/imaging center: _______________________________________________________________
Address: __________________________________________________________________________________
City: __________________________________ State: __________ ZIP code: ______________________
Phone #: __________________________ Email: _________________________________________________

Please fax MRI/CT reports/discussion to MRI Administration Specialists.

- Cervical
- Lumbar
- Thoracic

The information above may be used or disclosed at my request.

This authorization is effective one (1) year from the date signed below, except when revocation or modification is requested in writing by the patient, legal guardian, power of attorney or health care surrogate, accompanied by the applicable documentation. I understand that the LSI, LLC, its affiliates, medical staff, employees and their representatives may re-disclose the information to any entity to which the LSI, LLC, its affiliates, medical staff, employees and their representatives has been released in response to this authorization.

I understand that LSI, LLC, its affiliates, medical staff, employees and their representatives may re-disclose the information to any entity to which the LSI, LLC, its affiliates, medical staff, employees and their representatives has been released in response to this authorization.

Signature needed

Signature of patient/guardian/power of attorney/health care surrogate Date

Printed name: ____________________________________________________________________________

Relationship to patient if applicable:

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Mail to Laser Spine Institute, LLC
MRI Administration Specialists
5332 Avion Park Drive, Tampa, FL 33607
Scan and email to your Patient Empowerment Consultant
Fax to 813-418-5699

Get your free MRI review* by submitting this request to obtain your MRI report.

Get lasting relief from your chronic neck and back pain. Taking the next step is easy. Here’s what you need to do to get your free MRI review:*

- Complete the release form in this brochure (page 14) so we can obtain your MRI report. Tear it out and send it one of three ways — email, fax or mail to your dedicated Patient Empowerment Consultant.
- We will notify you when we’ve received your MRI report.
- After we review your MRI, we’ll call to discuss your potential candidacy for our procedures.

Questions?
Call your dedicated Patient Empowerment Consultant at 1-866-618-3253.

- Learn about the procedures we perform.
- Discover our streamlined patient journey.
- Find out about spine care costs and how we work with your insurance.
- Connect with past patients and get inspired by their results.

*Not a diagnosis. See LaserSpineInstitute.com/MRIreview for more details.

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Join our community.
Connect with actual patients and more.

*Not a diagnosis. See LaserSpineInstitute.com/MRIreview for more details.