Discover lasting relief with Laser Spine Institute’s minimally invasive spine procedures.

Visit LaserSpineInstitute.com for your no-cost MRI review today.

Guidebook

Jerry J.
Actual Patient

Less than 1-inch incision.
Identify your pain level

Whether it’s mild or miserable, the pain you feel can dramatically diminish your quality of life. How does your pain measure up? Use this chart and find out.

<table>
<thead>
<tr>
<th>Pain Level</th>
<th>Description</th>
<th>Score</th>
</tr>
</thead>
<tbody>
<tr>
<td>No pain</td>
<td>Pain is present but does not limit activity</td>
<td>0</td>
</tr>
<tr>
<td>Mild pain</td>
<td>Can do most activities with rest periods</td>
<td>1</td>
</tr>
<tr>
<td>Nagging pain</td>
<td>Unable to do some activities because of pain</td>
<td>2</td>
</tr>
<tr>
<td>Miserable pain</td>
<td>Unable to do most activities because of pain</td>
<td>3</td>
</tr>
<tr>
<td>Intense pain</td>
<td>Unable to do any activities because of pain</td>
<td>4</td>
</tr>
<tr>
<td>Worst pain</td>
<td></td>
<td>5-10</td>
</tr>
</tbody>
</table>

Select a 4 or higher? It may be time to take the next step.

Are you experiencing this pain DAILY?

0 1 2 3 4 5 6 7 8 9 10

No pain Mild pain Nagging pain Miserable pain Intense pain Worst pain

Minimally invasive. Maximum relief.

When you’ve been told you need traditional neck or back surgery to relieve your chronic neck and back pain, it’s time for an effective alternative. Our minimally invasive spine procedures are ideal for patients seeking minimal downtime, a less than 1-inch incision, an outpatient setting and — most of all — maximum results.

Advantages of Laser Spine Institute’s minimally invasive spine surgery:

- No lengthy recovery
- Patient satisfaction score of 96
- Outpatient procedure
- Board-certified surgeons
- Less than 1-inch incision
- Outpatient procedure

Our minimally invasive procedures

<table>
<thead>
<tr>
<th>Advantage</th>
<th>Our minimally invasive procedures</th>
<th>Other spine surgery providers</th>
</tr>
</thead>
<tbody>
<tr>
<td>Hospital stay</td>
<td>Outpatient</td>
<td>2 – 5 days</td>
</tr>
<tr>
<td>Infection rate</td>
<td>0.49%</td>
<td>Up to 19%</td>
</tr>
<tr>
<td>Complication rate</td>
<td>3%</td>
<td>16.4%</td>
</tr>
</tbody>
</table>

For more information, visit LaserSpineInstitute.com/results.

Get relief from

If you’re suffering from any of these conditions, call 1-866-618-3253 now for your no-cost MRI review.

- Pinched nerve
- Bulging/herniated disc
- Spinal stenosis
- Arthritis of the spine
- Sciatica
- Other chronic conditions

*Each patient is different. Results may vary. For more information about our surgeons, visit LaserSpineInstitute.com/surgeons.
+To learn more about our patient satisfaction score, visit LaserSpineInstitute.com/results.
§Not a diagnosis. See LaserSpineInstitute.com/MRIreview for more details.
Experience a new kind of care

Since 2005, more than 75,000 patients have experienced the Laser Spine Institute difference. They have come from all corners of the country to change their lives and, in the process, discovered a new kind of care that goes far beyond our highly skilled surgeons and advanced procedures.

At every step of your journey, you’ll be working with caring professionals who are committed to making your experience here as stress-free and comfortable as possible. Each of our facilities has been thoughtfully designed with the needs of you and your loved ones in mind.

Our goal is to provide exceptional care, in a warm and inviting space, to the people who inspire us most — our patients.

Facility amenities:

- Complimentary Wi-Fi access available
- Cozy, inviting lounges to refresh, refuel or relax
- Board games, books, magazines and puzzles

I am exceedingly grateful that Laser Spine Institute stepped in and actually fixed me.

— Dwylett M., Actual Patient

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Your path to relief

At Laser Spine Institute, you’re never alone on your journey to relief. Our dedicated team will handle everything for you, from scheduling your appointments to guiding you through your path to recovery. Every step of your visit is tailored to your specific needs. Your new life free from chronic neck and back pain begins here.

The duration of the experience will vary for each patient. Patients may be required to rest 48 hours post-surgery. Should the patient be given a surgical order for a stabilization, additional time might be needed prior to the procedure for insurance authorization purposes. Some patients’ individual medical conditions may require additional testing that Laser Spine Institute will facilitate through a third-party service provider.

*Each patient is different. Results may vary.

“I trusted Laser Spine Institute because they were immediately professional and they gave me hope.”

— Curtis H., Actual Patient

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Meet our surgeons

Experience — there’s no substitute for it. It’s why our anesthesiologists, physicians and board-certified surgeons combine their talents to develop a plan of care that puts you on the path to relief. We focus on treating the spine and only the spine, performing thousands of minimally invasive procedures each year.

Michael C. Weiss, D.O., FAAOAODoctor of Osteopathic Medicine, Department of Surgery

Reginald J. Davis, M.D., FACSProfessor and Chairman, Department of Surgery, Director of Clinical Research, Orthopaedic Surgeon

Zoltan Berekczki, D.O.Orthopedic Surgeon

Stefan Prada, M.D.Orthopedic Surgeon

Timothy Luke, M.D.Orthopedic Surgeon

Keith Girton, M.D.Orthopedic Surgeon

Brad M. Picha, M.D.Orthopedic Surgeon

Jeffrey P. Nees, M.D.Neurosurgeon

R.J. Meagher, M.D., FACSNeurosurgeon

Bruce D. Moffatt, M.D., FASCOncentrate on Neurosurgery, Neurosurgeon

Chris Reeves, D.O.Orthopedic Surgeon

Raj Kakarlapudi, M.D.Orthopedic Surgeon

Robert Blok Jr., D.O.Orthopedic Surgeon

Jon Kimball, M.D., FAAOSOrthopedic Surgeon

Visit LaserSpineInstitute.com for a no-cost MRI review today.

*Each patient is different. Results may vary.
More than 75,000 patients have found relief.

We have a patient satisfaction score of 96.*
See for yourself how our minimally invasive spine procedures can give you your life back.

*To learn more about our patient satisfaction score, go to LaserSpineInstitute.com/results.

Watch them. Be inspired.
And believe.
Because you can Stand Tall® again.

Visit LaserSpineInstitute.com for your no-cost MRI review today.
Laser Spine Institute specializes in minimally invasive procedures.

Your search for a safer and effective alternative* to traditional open neck or back surgery is officially over. That’s because Laser Spine Institute has a track record of successfully performed minimally invasive spine surgeries.

## Minimally invasive decompression procedures

- **Foraminotomy**
  Relieves pressure on the nerve root as it exits the spinal cord.

- **Laminotomy**
  Relieves pressure on the spinal cord compressed by spinal stenosis.

- **Discectomy**
  Removes the portion of a herniated or bulging disc that’s pressing on a nerve root or the spinal cord.

- **Facet thermal ablation**
  The primary procedure to treat arthritis, and most often performed in conjunction with a decompression, it relieves painful nerves in the facet joint, using a laser.

## Disc treatment

- **RegenaDISC®**
  This innovative procedure regenerates the spinal disc and promotes long-term spine health by using the patient’s own cells.

## Minimally invasive stabilization procedures

In some instances, our patients can greatly benefit from a minimally invasive approach to spine fusion called minimally invasive stabilization (MIS) surgery. Laser Spine Institute currently specializes in the following MIS procedures — all performed in our state-of-the-art outpatient setting:

- **Decompression with Interlaminar Stabilization® device**
  Helps relieve pain associated with spinal stenosis by decompressing both sides of the spine for immediate stabilization while allowing the spine to maintain its mobility.

- **Anterior cervical discectomy and fusion (ACDF)**
  Relieves neck pain, weakness and tingling associated with herniated disc or degenerative disc disease.

- **Cervical disc replacement**
  A minimally invasive procedure that substitutes an unhealthy vertebral disc with a new, artificial disc.

- **Posterior cervical fusion**
  Performed through the back of the neck, this minimally invasive procedure fuses two or more vertebrae together to help relieve symptoms associated with compressed nerves, severely herniated discs, spinal instability and deformity.

- **Transforaminal lumbar interbody fusion (TLIF)**
  Relieves back pain caused by spondylolisthesis, degenerative disc disease or a herniated disc.

- **Lateral lumbar interbody fusion**
  Treats a variety of conditions including nerve impingement, herniations and instability and pain resulting from disc degeneration.

- **SI joint fusion**
  A minimally invasive procedure where the sacrum and pelvis are joined. Because there is typically limited mobility in the SI joint without this procedure, most patients will not lose any range of motion.

*To learn more about reported outcomes, visit LaserSpineInstitute.com/results.

Visit LaserSpineInstitute.com for your no-cost MRI review today.
Start your journey to relief

Get lasting relief from your chronic neck and back pain. Taking the next step is easy. Here’s what you need to do:

- Call to get your no-cost MRI review within two business days.§
- Learn about the procedures we perform.
- Discover our streamlined patient journey.
- Find out about spine care costs and how we work with your insurance.
- Connect with past patients and get inspired by their results.

Call your dedicated Spine Care Consultant at 1-866-618-3253 for your no-cost MRI review.§

My life has been restored to normal. *
— Ret. Major General Price, Actual Patient

Visit LaserSpineInstitute.com for your no-cost MRI review today.§

*Each patient is different. Results may vary.

§Not a diagnosis. See LaserSpineInstitute.com/MRIreview for more details.
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or visit LaserSpineInstitute.com to request your no-cost MRI review today.

Join our community.
Connect with actual patients and more.