If you’ve been diagnosed with degenerative arthritis in the spine, your doctor may recommend a facet thermal ablation to relieve your painful symptoms.

This minimally invasive procedure is performed through a less than 1-inch incision and surgical tube. After a small incision is made over the damaged facet joint, a Laser Spine Institute surgeon will place a guide pin, which is under clear view by X-ray imaging, onto the facet joint where the affected nerve is located. Once the surgical tube is placed over the pin, the pin is removed, allowing the surgeon to insert surgical tools.

The surgeon will then relieve painful nerves in the facet joint using a laser. This will help relieve chronic neck or back symptoms because the treated nerve can no longer feel pain — and because our procedure is minimally invasive, our patients experience shorter recovery times* without unnecessary muscle damage and disruption.

It’s common to have a facet thermal ablation procedure during a minimally invasive decompression surgery, where the surgeon may also address spinal disc damage, bone spurs or other anatomical debris that may be contributing to nerve compression.

Before undergoing traditional open spine surgery to treat your spinal arthritis, we encourage you to research the advantages of our minimally invasive procedures at Laser Spine Institute.

*Not a diagnosis. See LaserSpineInstitute.com/MRIreview for more details.
Minimally invasive procedures

Using a small incision and muscle-sparing techniques, we treat most common spine conditions with our minimally invasive outpatient procedures:

- Foraminotomy
- Laminotomy
- Discectomy
- Facet thermal ablation
- RegenaDISC®
- Decompression with Interlaminar Stabilization® device
- Anterior cervical discectomy and fusion
- Cervical disc replacement
- Transforaminal lumbar interbody fusion
- Lateral lumbar interbody fusion
  - Posterior cervical fusion
  - SI joint fusion

Advantages of our minimally invasive spine surgery

- Be up and walking within a few hours of surgery
- Outpatient procedure
- Less than 1-inch incision
- Board-certified surgeons
- Patient satisfaction score of 96

Take your life back from chronic neck or back pain

We’ve helped more than 75,000 patients find lasting relief without the lengthy recovery or complications of traditional open back surgery. Get inspired by one of our patient success stories.

Connect with us

Find out if you’re a candidate for minimally invasive spine surgery. Call 1-877-230-3323 to get your no-cost MRI review.

For more information, visit LaserSpineInstitute.com/results.
For more information, visit LaserSpineInstitute.com/surgeons.
*Not a diagnosis. See LaserSpineInstitute.com/MRİreview for more details.
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